



## [How to Make a Gardener Hand Soap Scrub](#)

Formula found on [AnnsEntitledLife.com](#)

### **Gardener Hand Soap Scrub Materials**

- 2 TBSP Coconut Oil
- ¼ cup Mild Soap
- 1 tsp Honey
- 2-3 drops Argan Oil
- 10 drops Lavender Essential Oil
- 10 drops Geranium Essential Oil
- 10 drops Myrrh Essential Oil
- ½ cup Epsom Salt
- ½ cup Baking Soda

### **Gardener Hand Soap Scrub Instructions:**

- Melt coconut oil in microwave for 20 seconds. Add melted coconut oil to a medium size bowl.
- Add mild soap, honey and Argan oil to the melted coconut oil.
- Add lavender essential oil.
- Add geranium essential oil.
- Add myrrh essential oil.
- Add Epsom salts and baking soda.
- Mix ingredients together.
- Add to airtight container.
- Store the gardener hand soap scrub in an airtight container.

*Note: None of this is meant as medical advice. I am not a doctor, and do not play one on the internet. Please consult a physician if you have any questions about using essential oils so your doctor can better explain to you the benefits, possible side effects, and any warnings about essential oils.*